

Dress and Grooming Requirements

Female Students

Mom & Tots

Leotard: Any color bodysuit with or without skirts or any comfortable clothing.
Shoes: Ballet slippers with elastic or bare feet.

Pre-School Ballet

Leotard: Pink cotton R.A.D. short or long sleeves.
Tights: Pale pink ballet tights or pale pink ankle socks.
Shoes: Pink leather, full sole ballet slippers with elastic
Skirts: Gathered skirt in soft matching color above knee height. Floating skirts are recommended.
Hair: It is recommended (not mandatory) that hair be worn off the face in a bun, braids or ponytail.

Pre-Primary & Primary Ballet

Leotard: Pink cotton R.A.D. short sleeves.
Skirts: Pink cotton R.A.D. skirt. Semi-sheer wrap over skirt.
Socks: Bare legs with ankle socks, pale pink. (Pink tights may be worn in the winter month).
Shoes: Pink leather, full sole ballet slippers with elastic.
Hair: Worn off the face in a bun, braids or ponytail.

Grades 1 & 2 Ballet

Leotard: Pale blue cotton R.A.D. short sleeves with matching elastic belt.
Socks: Pale pink ankle socks.
Shoes: Pink leather, full sole ballet slippers with elastic.
Black character shoes R.A.D. with the low heel (3/4 heel).
Character skirt: Black polyester/cotton skirt with three rows of satin ribbon around the base (may be purchased or sewn).

Character shoes and skirt: teacher will let students know when it's time to buy the shoes and the skirt.

Grades 3, 4 & 5 Ballet

- Leotard: Navy R.A.D. tank (sleeveless) with matching elastic belt.
Tights: Pale pink R.A.D. ballet tights.
Shoes: Pink leather, full sole ballet slippers with elastic
(Ribbons will be purchased for Grade 4 & 5).
Black character shoes R.A.D. with the higher heel (1 ¼ heel).
Character skirt: Black polyester/cotton skirt with three rows of satin ribbon around the base (may be purchased or sewn).
Character shoes and skirt: teacher will let students know when it's time to buy the shoes and the skirt.

Grades 6, 7, 8 & Major Levels

- Leotard: Black sleeveless with narrow straps matching elastic belt.
For Grade 6 this year our class color is dark green
skirt: the skirt (worn after barre work) should be in a chiffon or georgette material, mid- calf length, in a matching color to the leotard. Pale pink ballet tights.
Short wrapping skirt is acceptable at major classes.
Tights: Pale pink ballet tights.
Shoes: Soft pink ballet slippers canvas or leather full or split sole.
Teacher will recommend point shoes at all levels when required.
(Split soles are acceptable at 6, 7 & 8)
Character skirts: Required for grade 6, 7 & 8 only.
Exam wear: To be announced to exam candidates.

Adult class

- Leotard: Any comfortable body suit in any color or any Yoga outfit.
Tights: Any color and style (optional).
Shoes: Soft pink ballet slippers canvas or leather full or split sole.
Skirt: Short wrapping skirt is acceptable.

Pre-Modern & Rhythm dance

- Leotard: Any style leotard, all colors are permitted or two pieces with a fitted top and a short or capri bottom.
Shoes: Bare legs and feet.
Hair: Must be up and off the face.

Modern –junior

- Leotard: Any style and color leotard with black tights ¾ or open heel are permitted or two pieces fitted top and a short/capri bottom bare feet. (toe cover may be worn)
Hair: Must be up and off the face. (high ponytail is most recommended).

Modern – senior

Leotard: Any style and color Leotard with black tights $\frac{3}{4}$ or open heel are permitted.
or two pieces fitted top with a short/Capri bottom.
Bare feet (toe cover may be worn)

Tap – all levels

Leotard: Any style and color Leotard with black tights full length or $\frac{3}{4}$ or open heel are permitted.

Tap Shoes must be worn to every class (Capezio Junior are recommended)

Musical Theatre

Any style leotard with tights or two piece fitted top and bottom.
Soft ballet or Jazz shoes, (Capezio, Bloch, are the acceptable brands)
Hair in a ponytail.

Male Students

Pre-School

Any style T-shirt with black or navy shorts.
White or black boys leather ballet shoes with matching ankle socks.

Pre-Primary & Primary ballet

White well fitted T-shirt with well fitted navy short.
White ankle socks with white leather ballet shoes.

Grade 1 & 2 ballet

White well fitted T-shirt with well fitted navy short.
Whit ankle socks with white leather ballet shoes.
Black character shoe or a suitable alternative with hard heel.

Grade 3, 4 & 5 ballet

White short sleeves leotard.
Navy stirrup tights
White socks with white leather ballet shoes.
Black character shoe or a suitable alternative with hard heel.

Tap class

Any color fitted T-shirt (black or white preferable) and dark color fitted Capri
Or full leg leggings.

Tap shoes must be worn to each class.

Adult class

Any color fitted T-shirt and dark color shorts or Capri
Male ballet shoes black or white.

Modern/Contemporary

Any color fitted T-shirt, with fitted short/Capri
Bare feet.

Musical theatre

Any color fitted T-shirt, with fitted short/Capri
Soft dance shoes or Jazz shoes.

Dance Supply Shops in Calgary

Bodythings:	Avenida Place – 12445 Macleod Trail S. Tel 278-5440
Classique Dancewear	Bay 16, 6624 Center Street South. Tel 263-4828
Masque Costumes	5, 9250 Macleod Trail SE Tel 230-3306